**Sample Letter to Parents #1**

Your school Date

Dear Family,

Lots of things affect a child’s chance of success in school – academics, like math and reading to be certain, but also non-academic things like classroom behavior, attitudes and approaches towards learning, and even how they get along with others.

Our school will be using a digital program, Ripple Effects, as a tool to build social emotional skills, connect students to community, and improve academic success.

Through the program, your child will be developing a core set of social-emotional abilities that have been shown to help students have a stronger, more positive sense of self. It helps them do better in school, respect others, and build skills that can help them make good choices about drugs, violence, and other life challenges. These key abilities are:

*Knowing yourself*

*Controlling yourself*

*Being aware of others*

*Connecting with others*

*Decision-making*

We have chosen this program because:

* It’s based on rigorous research about what works in increasing young people’s chance of overall school success
* Its personalized, adaptive design allows each student to privately leverage their strengths to work on areas that are challenging
* We’ve been able to customize the program based on our local district guidelines, needs, and constraints.

With the use of Ripple Effects we hope to develop a learning environment in which every student is inspired to become their personal best.

Sincerely,

Your child’s principal or teacher

**Letra para los padres #1**

Esquela Fecha

Querida familias de nuestros estudiantes,

Muchas cosas pueden afectar el excito de tus hijos en la escuela – las materias como ingles y matemáticas son retas que todos los estudiantes tienen que superar, pero muchas veces el comportamiento y la disposición para aprende puede complicar las cosas.

Nuestro escuela va usar un programa digital, el Ripple Effects, como una herramienta para ayudar and aprender habilidades sociales y emocionales que se usan para involucrar con la comunidad.

Por uso de el programa, los estudiantes van a prepare sus capacidades centrales de desarrollo para tener mejor control de sus emoticones y confíense en ellos mismos. Ayudara con sus grados y el respecto de otros. También, los puede asistir con decisiones con drogas, violencia, y otras dificultades.

Estas habilidades centrales son lo que siguen:

Conocerte a tu mismo

*Control en su mismo*

*Siendo consiente de otros*

*comunicar con otros*

*Tomando decisiones*

Escogemos este programa por las razones que siguen:

* El program esta basado en investigaciones rigorosas para el objetivo de mejorar el promedio de escuela.
* Es completamente personalizado para el estudiante, que se enfoca en los fuerzas y debilidades de cada niño.
* Cada ajuste es controlado por el distrito escolar.

Con el use de Ripple Effects, esperamos introducir un mejor ambiente educativo adonde cada estudiante esta capacitado para ser mejor.

Sinceramente,

**Sample Letter to Parents #2 – home use**

Dear Parent or Guardian,

Our school uses Ripple Effects to provide personalized social-emotional support and skill training. During this challenging time, we realized that many of our students would benefit from having an evidence-based resource available to them at home that helps them understand that they are not alone in their feelings and that provides skills for addressing challenges and stressors they may be facing. For that reason, we are offering you the option of making the program available to your child at home.

What is Ripple Effects?

Ripple Effects has scientific evidence of building resiliency assets in learners, improving academic performance and reducing behavioral problems. It is like an evidence-based google that has hundreds of lessons, from decision making to problem-solving, substance use to bedwetting and anxiety to fear. When youth use the program, they report not feeling alone, learn language for expressing how they feel and what they need, and develop positive coping skills. It is important to know that the program is HIPPA compliant, and your student’s privacy Is protected.

How does my child use the program?

Here’s how to maximize the value for your child:

1. Introduce them to the program, by telling them that this is a tool that many youth find useful in problem-solving and navigating challenges, and learning more about themselves in the process.

2. Have then watch the intro movie first. You can watch it with them. Then, suggest they start with the topic “strengths.”

3. After that, for students 4th grade and older, let them direct their own learning and explore the program privately. This can increase their sense of agency and personal control during this uncertain time. Privacy is also critical for the emotional safety needed for self-honesty, If your child is younger, sit with your child and help them choose a feeling topic that they may be currently experiencing.

How does my student access the program?

(insert directions)

Sincerely,