

Give Educators the Support They Need with Educator Ally™



rippleeffects

Personalized online training to strengthen educators' SEL skills, manage stress, and improve classroom practice

New
evidence-based
tools to lighten the
load on today's
educators.



Professional Development for a Safe and Supportive Culture

With customizable support for every educator

Educators benefit from real-world skill training, nonjudgmental supports, and a private, empathic approach that eliminates fear of embarrassment or reprisal.

As educators grow in confidence and skill, administrators benefit from improved staff morale, attendance, and classroom practices.

“ Privacy, plus the ‘no blame no shame’ approach, makes it easier for people to look at sensitive areas like race.
–Shakeel Ali, Diversity Consultant ”

“ Today is my first contact with Ripple Effects for teachers. Already I feel like going back to the classroom to implement what I’ve learned.
–Teacher, NYC Public Schools ”



Today’s Educators Face Huge Challenges

Overwhelming demands at school

- Trying to meet objectives for the most diverse groups of students in history
- Delivering instruction in social-emotional skills
- Understanding how trauma impacts student learning
- Addressing equity issues
- Providing positive behavioral supports
- Being culturally responsive
- Managing a huge paperwork burden
- Dealing with adult bullying

Personal stressors at home

- Financial pressures
- Relationship conflicts
- Mental health issues
- Substance abuse challenges

The end result

Educators feel overworked, unheard, and unsupported.

Administrators have to deal with poor morale, increasing absenteeism, staff retention issues, discipline problems, and declining student achievement.

Educator Ally is here to help!

Staff strengthen their SEL skills, manage their personal stressors, and hone their teaching practices.

Overall school functioning improves and administrator workloads decline.

A Scalable Solution for Educator Supports

Based on the real-world earned wisdom of educators

Educator Ally lightens the load by:

- Recognizing and empathizing with educator challenges
- Empowering educators to solve students' emotional and behavior problems
- Increasing educators' responsiveness to learning differences
- Promoting educators' cultural competence
- Helping educators address disproportionate discipline
- Fostering staff leadership and social-emotional abilities
- Supporting effective implementation of student SEL programs
- Enabling implementation in a wide range of settings

Engaging
Evidence-based
Personalized
Effective

*Anytime/anywhere support
Available for phones, via web, or downloadable app
IOS, Windows, Chromebook, desktops, laptops*

A staggering level of educator stress

Teachers are chronically absent more often than students with the highest absenteeism rate.

90% of teachers nationwide are actively disengaged or not engaged in their work.

54% feel unprepared or very unprepared to respond to students' behavior problems.

Improve teaching and learning

When educators feel supported and improve their skills, their stress level decreases, their teaching practice improves, student behavior problems decline, and student performance benefits.

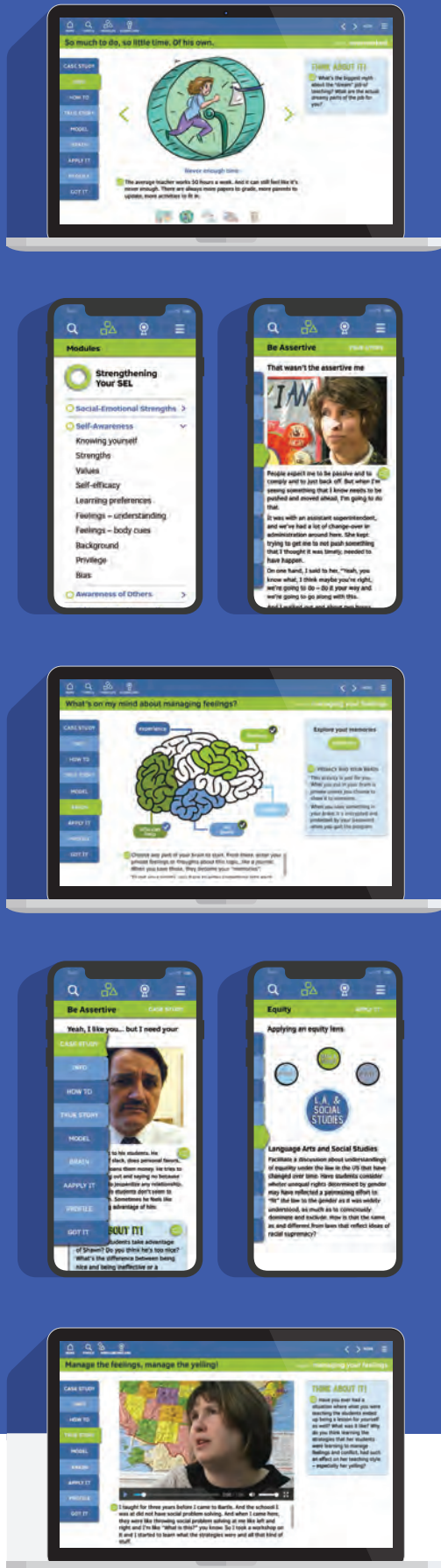
Administrators can support their teachers across any size school or district and provide CEUs by module toward certification.

Allows educators to privately address sensitive issues such as adult bullying, drinking problems, depression, and disliking or fearing a student.



FREE 30-DAY PREVIEW!

Visit
rippleeffects.com/freepreview
or call
1-888-259-6618.



3 Units, 15 Modules, 120 Multimedia Lessons

Just-in-time supports and structured curricula



UNIT 1: Strengthening Your SEL Skills

Build Social-emotional Strengths

Social-emotional strengths

Improve Self-awareness

Knowing yourself
Strengths
Values
Self-efficacy
Learning preferences
Feelings—understanding
Feelings—body cues
Background
Privilege
Bias

Be Aware of Others

Empathy
Perspective-taking
Predicting feelings

Connect with Others

Connectedness

Showing care
Showing respect
Honesty
Kindness
Humor
Courtesy
Trust
Fairness

Take Charge of Yourself

Strengthening self-determination
Setting goals
Building resilience
Persevering
Managing stress
Caring for yourself
Caring for your body
Calming yourself
Changing self-talk
Managing your feelings
Mad
Afraid
Letting go
Asserting yourself
Assertive voice
Assertive body
Assertive face
Assertive message
Controlling impulses

Stopping reactions
Predicting consequences

Make Good Decisions

Making decisions
Problem solving
Naming the problem
Identifying options
Weighing alternatives
Trying solutions

UNIT 2: Honing Effective Teaching Practices

See Through an Equity Lens

Reaching diverse learners
Understanding equity
Determining aspects of culture
Socio-economic status
Race and racism
Gender
Sexual orientation
Transgender
Disproportionality

Address Challenging Behavior

Apathy
Attention seeking
Bias activity
Bullying
Defiance
Disrupting class
Disrupting outside of class
Fighting
Impulsivity—students'

Empower Learners

Setting expectations
Fostering growth mindset
Promoting agency
Increasing engagement
Understanding motivation
Recognizing intelligences
Respecting different styles
Differentiating instruction
Facilitating discussion

Address Learning Challenges

Learning-related challenges
Specific learning disorders
ADHD/attention issues

Autism spectrum
Giftedness
Intellectual disability

Facilitate Positive Behavior

Behavior management plan
Positive climate
Classroom rules
Consequences
PBIS
Restorative practices
De-escalating

Strengthen Your Leadership

Being a leader
Holding a vision/purpose
Transforming yourself
Modeling SEL skills
Modeling social values
Modeling respectful authority
Engaging families

Student Mental Health

Student mental health
Anxiety—students'
Traumatic stress response
Handling disclosure

UNIT 3: Addressing Personal Stressors

School Stressors

Unheard
Unsupported
Overworked
Bullied—adult
Testing pressures
Missing too much work
Sexual misconduct

Out-of-School Stressors

Domestic abuse
Your children
Financial pressures

Your Mental Health

Secondary trauma
Burnout
Anxiety—adult
Depression—adult
Substance use—adult

UNIT 1

Helps educators leverage strengths, remedy weaknesses, bond with diverse students, build resilience to prevent burnout, make good decisions under pressure, command respect, and show it—to all.

UNIT 2

Helps educators distinguish learning issues from behavior, cultural, and health issues, and address each with technical skill, good judgment, and emotional intelligence.

UNIT 3

Helps educators address self-identified sources of stress and burnout, including school-based adult relationships, relationships outside of school, and private mental health issues.

Designed
for CEU
credit

Educator Ally™ Engages and Supports Educators **in their leadership development, teaching practices and personal lives**

Teachers are under tremendous pressure in good times. Now their responsibilities and challenges are greater than ever. Just in time, Educator Ally is here. Right on their cell phones is a PD Department's worth of advice and support, an ingenious tool they will value for years to come.

—Maurice J Elias,
Psychology Professor, Rutgers U,
directs the Character Development Lab

Join Our “And Still I Rise” Initiative!

Have you or your students faced serious challenges and found a way to thrive despite them? Please share a video of how you came to your real-world earned wisdom and resilience. Earn \$500 if your video is one of the 50 selected for publication by Ripple Effects.

For topics and guidelines,
contact us at
info@rippleeffects.com

FREE 30-DAY PREVIEW!

Contact us today at **1-888-259-6618** or rippleeffects.com/freepreview to try Educator Ally in your school or district—at no charge!

We look forward to working with you to address educator stress, improve morale, and reduce administrator overload.



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www.rippleeffects.com