Give Teachers the Support They Need with Educator Ally™

Personalized online training to strengthen teachers’ SEL skills, stress management, and classroom practice

New evidence-based tools to lighten the load on today’s teachers.
Professional Development for a Safe and Supportive Culture
With customizable support for every educator

Educators benefit from real-world skill training, nonjudgmental supports, and a private, empathic approach that eliminates fear of embarrassment or reprisal.

As teachers grow in confidence and skill, administrators benefit from improved staff morale, attendance, and classroom practices.

Today is my first contact with Ripple Effects for teachers. Already I feel like going back to the classroom to implement what I’ve learned.
–Teacher, NYC Public Schools

Privacy, plus the ‘no blame no shame’ approach, makes it easier for people to look at sensitive areas like race.
–Shakeel Ali, Diversity Consultant

Today’s Teachers Face Huge Challenges

Overwhelming demands at school
• Trying to meet objectives for the most diverse groups of students in history
• Delivering instruction in social-emotional skills
• Understanding how trauma impacts student learning
• Addressing equity issues
• Providing positive behavioral supports
• Being culturally responsive
• Managing a huge paperwork burden
• Dealing with adult bullying

Personal stressors at home
• Financial pressures
• Relationship conflicts
• Mental health issues
• Substance abuse challenges

The end result
Teachers feel overworked, unheard, and unsupported.
Administrators have to deal with poor morale, increasing absenteeism, staff retention issues, discipline problems, and declining student achievement.

Educator Ally is here to help!
Staff strengthen their SEL skills, manage their personal stressors, and hone their teaching practices.

Overall school functioning improves and administrator workloads decline.
A Scalable Solution for Teacher Supports

Based on the real-world earned wisdom of educators

Educator Ally lightens the load by:

- Recognizing and empathizing with educator challenges
- Empowering educators to solve students' emotional and behavior problems
- Increasing educators' responsiveness to learning differences
- Promoting their cultural competence
- Helping them address disproportionate discipline
- Fostering staff leadership and social-emotional abilities
- Supporting effective implementation of student SEL programs
- Enabling implementation in a wide range of settings

Engaging
Evidence-based
Personalized
Effective

A staggering level of teacher stress

Teachers are chronically absent more often than students with the highest absenteeism rate.

90% of teachers nationwide are actively disengaged or not engaged in their work.

54% feel unprepared or very unprepared to respond to students' behavior problems.

Improve teaching and learning

When teachers feel supported and improve their skills, their stress level decreases, their teaching practice improves, student behavior problems decline, and student performance benefits.

Anytime/anywhere support

Available for phones, via web, or downloadable app

IOS, Windows, Chromebook, desktops, laptops

Allows teachers to privately address sensitive issues such as adult bullying, drinking problems, depression, and disliking or fearing a student.

FREE 30-DAY PREVIEW!

Visit rippleeffects.com/freepreview or call 1-888-259-6618.
UNIT 1: Strengthening Your SEL Skills

Build Social-emotional Strengths
Social-emotional strengths

Improve Self-awareness
Knowing yourself
Strengths
Values
Self-efficacy
Learning preferences
Feelings—understanding
Feelings—body cues
Background
Privilege
Bias

Be Aware of Others
Empathy
Perspective-taking
Predicting feelings

Connect with Others
Connectedness

UNIT 2: Honing Effective Teaching Practices

See Through an Equity Lens
Reaching diverse learners
Understanding equity
Determining aspects of culture
Socio-economic status
Race and racism
Gender
Sexual orientation
Transgender

UNIT 2: Addressing Challenging Behavior

Make Good Decisions
Making decisions
Problem solving
Naming the problem
Identifying options
Weighing alternatives
Trying solutions

UNIT 3: Facilitating Positive Behavior

Empower Learners
Setting expectations
Fostering growth mindset
Promoting agency
Increasing engagement
Understanding motivation
Recognizing intelligences
Respecting different styles
Differentiating instruction
Facilitating discussion

UNIT 3: Strengthen Your Leadership

Apathy
Attention seeking
Bias activity
Bullying
Defiance
Disrupting class
Disrupting outside of class
Fighting
Impulsivity—students’

UNIT 3: Addressing Personal Stressors

School Stressors
Unheard
Unsupported
Overworked
Bullied—adult
Testing pressures
Missing too much work
Sexual misconduct

Out-of-School Stressors
Domestic abuse
Your children
Financial pressures

Your Mental Health
Secondary trauma
Burnout
Anxiety—adult
Depression—adult
Substance use—adult

3 Units, 15 Modules, 120 Multimedia Lessons
Just-in-time supports and structured curricula

UNIT 1
Helps teachers leverage strengths, remedy weaknesses, bond with diverse students, build resilience to prevent burnout, make good decisions under pressure, command respect, and show it—to all.

UNIT 2
Helps teachers distinguish learning issues from behavior, cultural, and health issues, and address each with technical skill, good judgment, and emotional intelligence.

UNIT 3
Helps teachers address self-identified sources of stress and burnout, including school-based adult relationships, relationships outside of school, and private mental health issues.

Designed for CEU credit
Educator Ally™ Engages and Supports Teachers in their leadership development, teaching practices, and personal lives

Teachers are under tremendous pressure in good times. Now their responsibilities and challenges are greater than ever. Just in time, Educator Ally is here. Right on their cell phones is a PD Department’s worth of advice and support, an ingenious tool they will value for years to come.

–Maurice Elias, Ph.D., Director, Rutgers Social-Emotional and Character Development Lab; Co-Director, Academy for Social-Emotional Learning in Schools

Join Our “And Still I Rise” Initiative!

Have you or your students faced serious personal challenges to “still rise” to where you are today? Please share a video of how you came to your real-world earned wisdom and resilience. Earn $500 if your video is one of the 50 selected for publication by Ripple Effects.

For topics and guidelines, contact Paula Reed at preed@rippleeffects.com

FREE 30-DAY PREVIEW!

Contact us today at 1-888-259-6618 or rippleeffects.com/freepreview to try Educator Ally in your school or district—at no charge!

We look forward to working with you to address teacher stress, improve morale, and reduce administrator overload.