



Index of Topics for *Ripple Effects for Kids* (Grades 2-5)

A

absent
ADHD
addicted parent
adopted
afraid
alcohol
alcoholic parent
alternatives
angry
anxious
apologies
ASD
ashamed
asking questions
Asperger's
assertive body
assertive message
assertive voice
assertiveness
asthma
attachment objects
Attention Deficit Disorder
attention problems
authority-defying
autism
aware of yourself

B

background
background-family
bad grades
beaten
bed wetting

being nice
beliefs
bias
blankie
blurting out
body odor
body type
bouncing back
bra
brainstorming options
breaking rules
broke
brothers
bullied
bullying online
bully-you do it
bystander

C

calming down
can't bounce back
caring-show it
cell phone
chair
change-normal
change-unplanned
character
cheating
cigarettes
citizenship
clingy
communicating feelings
competition-winning
complaint
compliments

conceited
conflict
connecting with others
consequences-predict
considerate
contact lenses
controlling impulses
conversations
country
courtesy
crush
crying
cultural differences
cursing
cyber safety

D

death
decisions
defiance
diabetes
diet
different
directions-following
disabilities
disappointed
disaster
discipline
discouraged
discrimination
distracted
diversity-appreciating
divorce



domestic violence
 don't assert yourself
 don't connect with others
 don't control impulses
 don't feel for others
 don't know yourself
 don't like yourself
 don't persevere
 don't problem-solve
 don't set goals
 don't solve problems
 don't try
 down
 drinking parent
 druggie parent
 drugs
 drugs-inhalants
 DSI

E
 earthquake
 effort
 ELL
 embarrassed
 empathy
 English language learner
 envious
 exercise
 experimenting
 expressing feelings
 eye problems

F
 failure-school
 fairness
 family background
 family problems

family violence
 fat
 feeling-for others
 feelings-changing
 feelings-communicating
 feelings control you
 feelings-dealing with
 feelings-expressing
 feelings-knowing yours
 feelings-mixed
 feelings-predicting
 feelings-understanding
 fighting
 fingernails
 flood
 forest fire
 forgiving
 Foursquare
 friend problems
 friends-making
 frustrated

G
 game freak
 games-winning
 gaming
 gangs
 getting organized
 girlie cycle
 glasses
 goals
 gossiping
 Gowalla
 grades
 group-joining

H
 hands and feet
 hanging out
 hard things
 hate school
 hating yourself
 help-getting it
 help-giving it
 hitting
 honesty
 hormones
 huffing
 hurricane

I
 ideas
 identifying with others
 ignoring
 illegals
 illness
 immigrant
 impulse control
 inhalants
 insubordination
 internet-bullying
 internet privacy
 internet safety
 internet-sharing
 instructions-following
 introducing
 inviting

J
 jealous



K

keep trying
kindness
knowing yourself

L

late
laughing gas
learning problems
learning style
learning success
left out
letting go
liking yourself
listening
location apps
lonely
lying

M

making a complaint
making friends
managing change
managing feelings
marijuana
menstruation
mistakes
mobile phone
mobile safety
molested
money-not enough
monthly time
motives-understanding
moving
musty

N

nail biting

name-calling
natural disasters
neighborhood-new
neighborhood problems
nervous
new kid
nice
not liking yourself

O

obese
online bullying
online gaming
online privacy
online safety
online sharing
on the rag
options-brainstorming
options-weighing them
organized
others
oversharing-online

P

parents hitting
parent-talking to
parents' substance use
paying attention
peer pressure
period
permission-getting
perseverance
personal info-online
pet dying
phone
physical differences
picked on-by peers

picked on-by teacher
pinging
plans upset
point of view
poor
poppers
poverty
predicting consequences
prejudice
privacy-online
problem-naming
problem-solving
PSP
puberty
pushing and shoving

Q

questions-asking

R

reactions-controlling
refugee
refusing
relaxing
repeating
resilience
resolving conflict
respect
responsibility
Ritalin
rivalry-sibling
rules
rural

S

sad
safety



safety-internet
saying thank you
school failure
school-hate it
second language-English
secrets
security blanket
self-awareness
self-control
self-esteem
self-talk
shame
sharing
shy
sibling rivalry
sick alot
sickness
sisters
skipping school
smart phone
smarts
smelly-you
smoking
snatched-afraid of
sniffing
social mapping
solutions-brainstorming
solutions-testing
solvents
spacing out
speech problems
standing up
standing up-message
standing up-voice
standing up-your body
stealing

stereotypes-resisting
sticking to it
stinky
strengths
study habits
stuttering
success
success at learning
sweat

T
talking back
tardy
teacher problems
teased
teasing
telling
tenacity
tests
texting
thanking someone
thoughtfulness
thoughts-controlling
threats
tobacco
tornado
touch
transitions
triggers-catching
trust
trying

U
understanding feelings
undocumented
unfair

V
video games

W
weed
wetting bed
wheelchair
whippets
wildfire
winning

Y
yourself-aware of
yourself-not liking
yourself-strengths
yourself-talking to
yourself-understanding